Grocery Checklist

mytastycurry by Rekha kakkar

https://www.mytastycurry.com/indian-grocery-shopping-list

My Tasty Curry.Com

CRITICAL

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

VEGETABES & FRUITS

- [ ] Apples
- [ ] Avocados
- [ ] Bananas
- [ ] Berries
- [ ] Broccoli
- [ ] Carrots
- [ ] Celery
- [ ] Cucumbers
- [ ] Garlic
- [ ] Grapefruit
- [ ] Grapes
- [ ] Lemons/Limes
- [ ] Lettuce
- [ ] Melons
- [ ] Mushrooms
- [ ] Onions
- [ ] Oranges
- [ ] Peppers
- [ ] Potatoes
- [ ] Squash/Zucchini
- [ ] Tomatoes
- [ ] potatoes
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BREAD / BAKERY

- [ ] Pita Bread
- [ ] Bread
- [ ] Cake
- [ ] Cookies
- [ ] Dinner Rolls
- [ ] Tortillas
- [ ] French Bread
- [ ] Burger Buns
- [ ] Hot Dog Buns
- [ ] Muffins
- [ ]
- [ ]

BREAKFAST

- [ ] Cold Cereal
- [ ] Oatmeal
- [ ] Creamed Wheat
- [ ] Pancake Mix
- [ ] Instant idli mix
- [ ] Instant dosa mix
- [ ] Instant dosa mix
- [ ]
- [ ]
- [ ]

DAL/LETILS

- [ ] Split pegion peas/ Arhar/ toor
- [ ] Bengal gram/chana dal
- [ ] Green gram dal/whole mung /sabut moong
- [ ] Mung Dal/Yellow dal/Dhuli moong
- [ ] Whole black gram/mah/Maa ki daal
- [ ] Chickpeas/Garbanjo beans / Kabuli Chana
- [ ] Brown chickpeas/Kala chana
- [ ] Kidney beans/Rajma
- [ ] Small Kidney beans/jammu rajma
- [ ] Black beans
- [ ] Pink Lentil/masoor
- [ ] Lobia
- [ ] Moth/Matki
- [ ] Chaulai
- [ ] Dried peas/vatna
- [ ] Whole pink lentils/sabut masoor
- [ ] Split moong dal/moong chilka
- [ ] Split black gram/Mah chilka
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

DAIRY / FRIDGE

- [ ] Milk
- [ ] Butter
- [ ] Cheese
- [ ] Cream Cheese
- [ ] Dips
- [ ] Eggs
- [ ] Cooking Cream
- [ ] Whipping Cream
- [ ] Yogurt
- [ ] Idli dosa batter
- [ ] Fresh chutneys
- [ ] Coconut Milk
- [ ]
- [ ]
- [ ]

FROZEN

- [ ] Desserts
- [ ] Vegetables
- [ ] Fruits
- [ ] Ice
- [ ] Ice Cream
- [ ] Ice Pops
- [ ] Dinners
- [ ] Pizza
- [ ]
- [ ]

DRINKS

- [ ] Water
- [ ] Juice
- [ ] Soda
- [ ] Sports Drinks
- [ ] Coffee
- [ ] Tea

FROZEN VEGETABLES

- [ ] Applesauce
- [ ] Beans
- [ ] Chili
- [ ] Fruits
- [ ] Mushrooms
- [ ] Olives
- [ ] Soup
- [ ] Tomato Sauce
- [ ] Tuna
- [ ] Vegetables
- [ ]
- [ ]
- [ ]
- [ ]

BAKING

- [ ] Flour
- [ ] Baking Powder
- [ ] Baking Soda
- [ ] Chocolate Chips
- [ ] Cocoa
- [ ] Cornstarch
- [ ] Sugar (white)
- [ ] Sugar (powder)
- [ ] Sugar (brown)
- [ ] Pie Crust
- [ ] Butter
- [ ] Vanilla
- [ ] Yeast
- [ ] Bread Crumbs

FLOUR/ATTA

- [ ] Wheat flour/aata
- [ ] maize flour/makki
- [ ] Millet flour/bajra
- [ ] Finger millet/ragi flour
- [ ] sooji/semolina
- [ ] Besan
- [ ] lentil flour
- [ ]
- [ ]

PASTA/RICE/NOODLES

- [ ] Basmati rice
- [ ] biryani rice
- [ ] sona masuri rice
- [ ] gobindo bhog rice
- [ ] red matta rice
- [ ] idli rice
- [ ] Raw Rice
- [ ] jasmine rice
- [ ]
- [ ] Spaghetti
- [ ] Macaroni
- [ ] NoodleS
- [ ] Ramen
- [ ]

SAUCES / OILS

- [ ] Rice Bran Oil
- [ ] Olive Oil
- [ ] Ghee
- [ ] Butter
- [ ] Mustard Oil

CONDIMENTS

- [ ] Vinegar
- [ ] Hot Sauce
- [ ] Honey
- [ ] Jam / Jelly
- [ ] Ketchup
- [ ] Mayonnaise
- [ ] Mustard
- [ ] Peanut Butter
- [ ] Pickles
- [ ] Salad Dressing
- [ ] Soy Sauce
- [ ] Pasta Sauce

SPICES/SPICE MIX

- [ ] Garam masala
- [ ] Chana masala
- [ ] Sambhar masala
- [ ] Pav bhaji masala
- [ ] Salt
- [ ] Pepper
- [ ] Cinnamon
- [ ] Red Chilli Powder
- [ ] Turmeric Powder
- [ ] Coriander powder
- [ ] Cumin powder
- [ ] Cumin seeds/jeea
- [ ] Coriabder seeds/dhani
- [ ] Nigella seeds/kallonji
- [ ] Poppy seeds/khaskhas
- [ ] Black pepper/kali mirch
- [ ] Mustad seeds/Rai
- [ ] Cardamom
- [ ] Cinnamon
- [ ] Dry ginger
- [ ] cloves
- [ ] Black cardamon
- [ ] Bay leaves
- [ ]
- [ ]

SNACKS

- [ ] Chips
- [ ] Crackers
- [ ] Dip / Salsa
- [ ] Dried Fruits
- [ ] Granola Bars
- [ ] Nuts / Seeds
- [ ] Popcorn
- [ ] Crackers
- [ ] Tortilla Chips
- [ ] Potato Chips

BABY FOOD

- [ ] Baby Food
- [ ] Diapers
- [ ] Formula
- [ ] Rash Cream
- [ ] Wipes
- [ ]

PERSONAL

- [ ] Conditioner
- [ ] Cotton Products
- [ ] Deodorant
- [ ] Feminine
- [ ] Floss
- [ ] Hair Spray
- [ ] Lip Balm
- [ ] Lotion
- [ ] Makeup
- [ ] Mouthwash
- [ ] Pain Relievers
- [ ] Razor Blades
- [ ] Shampoo
- [ ] Shaving Cream
- [ ] Soap
- [ ] Sunscreen
- [ ] Toothbrush
- [ ] Toothpaste
- [x] Sanitizers
- [x] Handwash

PAPER / PLASTIC

- [ ] Aluminum Foil
- [ ] Bags
- [ ] Coffee Filters
- [ ] Cups
- [ ] Garbage Bags
- [ ] Napkins
- [ ] Paper Towels
- [ ] Plastic Wrap
- [ ] Plates
- [ ] Tissues
- [ ] Toilet Paper
- [ ] Utensils
- [ ] Wax Paper
- [ ]

HOUSEHOLD

- [ ] Batteries
- [ ] Bleach
- [ ] Cards
- [ ] Vacuum Bags
- [ ] Detergent
- [ ] Dish Soap
- [ ] Dishwasher Soap
- [ ] Fabric Softener
- [ ] Glass Cleaner
- [ ] Light Bulbs
- [ ] Rags
- [ ] Sponges
- [ ]
- [ ]

PET

- [ ] Pet Food
- [ ] Cat Litter
- [ ] Treats